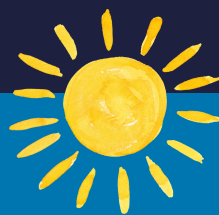


4 SUMMER EDITION

Healthy Family Team Newsletter



NHS
Nottinghamshire Healthcare
NHS Foundation Trust



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Hi!

We just wanted to say a big hello and remind you about the services on offer locally to support families.

Nottinghamshire

Parentline

Text 07520 619919

This is a text messaging service delivered by the Healthy Family Team for parents and carers.

Monday to Friday,
from 9am to 4.30pm

IT'S OKAY
to ASK
For HELP

Advice Line

Telephone

0300 123 5436

This is for parents, carers and practitioners who want to speak to the Healthy Family Team for advice or support.

Monday to Friday,
from 9am to 4.30pm

Nottinghamshire

Nottingham City Contact

This is for parents, carers and practitioners who want to speak to the Children's Health Advice Hub for advice or support.

Call: 0300 300 0040

Derbyshire Contact

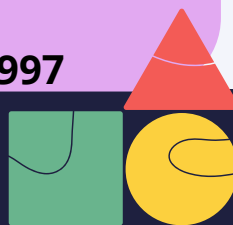
This is for parents, carers and practitioners who want to speak to the Family Health Service for advice or support.

Call: 01246 515100

Doncaster Contact

This is for parents, carers and practitioners who want to speak to the Doncaster Health Visiting Team for advice or support.

Call: 03000 218 997



Your Notts Directory

The Healthy Family Team may be able to contribute to EHCP requests and annual reviews when actively working with your child/young person or where they have been involved within the last 12 months.

SUPPORT

Your Notts Directory

is the local offer for Nottingham and Nottinghamshire.

Visit: www.yournottsdirectory.org.uk



VACCINATIONS

Children are offered a range of vaccinations to help protect them, and the whole community, from some serious illnesses.

Contact your GP practice to review your child's record or to book a vaccination.

Vaccination information
(Public Health)
www.gov.uk



Vaccination information
(NHS)
www.nhs.uk/vaccinations/



Contact Intrahealth for more information about vaccinations in primary schools.

Telephone: 03333 583 397 Option 4

Email: Immunisations.Nottinghamshire@intrahealth.co.uk



Health for Kids!



This website offers a fun, engaging and interactive way for children to learn about health. It links parents/carers and children to appropriate health and wellbeing services.

www.healthforkids.co.uk



Speech and Language



Do you have any questions or concerns about your child's talking or communication?

The Speech and Language Team are happy to help,

please call their advice line on:

0300 123 3387
OPTION 1



LOCAL HELP

★★★★★

Find your local library:

Visit: www.nottinghamshire.gov.uk/culture-leisure/libraries



Find your local Family Hub:

Call: 0300 500 80 80

Visit: <https://www.nottinghamshire.gov.uk/global-content/one-minute-guides/nottinghamshire-family-hubs>



SUMMER

SOCIAL BUTTERFLIES



Social Butterflies -

A Nottinghamshire County Council co-production group for children aged 11 to 18, to meet and help improve systems and services for children.

www.nottinghamshire.gov.uk/education/our-nottinghamshire-approach-to-participation/get-involved

